

KIT LIST GCSE Mountain Walking

The Centre will provide protective clothing and safety equipment for activities but you will need to make sure you pack the following before you come!!

Please mark your name or initials in all items of your clothing!

- Sufficient changes of underwear
- 3 pairs of warm trousers such as tracksuit bottoms (jeans are not allowed on activities)
- Hat and gloves
- Warm fleeces or jumpers
- **Base layer or thermal top**
- T-shirts/long sleeved tops
- Thick/thermal socks (not trainer socks) - at least 5 pairs
- Clothes to wear at the centre in the morning/evening
- Toilet bag (soap, toothpaste, toothbrush, shampoo, brush or comb.)
- Towel
- Sleepwear
- Large polythene bag for laundry
- Slippers or shoes for use as indoor footwear around the centre
- Small handheld torch/headtorch
- Pens, pencil, small notebook
- Single duvet cover
- Pillow case
- Single fitted sheet
- Large, thick plastic bag to use as a rucksack liner

If you have them:

- **Walking boots**
- **Waterproofs**
- **Trekking rucksack**
- **Sleeping bag**
- **Camping mat**

Please do not bring:

- Radios
- Personal Stereos
- Mobile Phones
- Knives
- Chewing Gum
- Fizzy drinks
- Aerosol sprays (due to the sensitivity of alarms)

NB: Student rooms are accessed by staircases. Please choose appropriate packing cases.

Coming soon!

Items listed in blue should be available to hire from the centre if ordered in advance. Check the website or contact the centre for details of products and order through your teacher.

Items in green are available to borrow from the centre but students may be more comfortable in their own kit if they have it.